

Republic of Iraq Ministry of  
Higher Education and  
Scientific Research  
University of Wirth Al  
anbiya'a College of Nursing



وزارة التعليم العالي والبحث العلمي  
جامعة وارث الأنبياء  
كلية التمريض

## Republic of Iraq

### Ministry of Higher Education and scientific research

### Quality Assurance and Academic Performance Department

## University of Warith Al-Anbiyaa

#### Course Specifications:

**Course name:** health psychology

**Course stage:** four stage/ First Semester.

**Credit Hours:** 2hours per week

**Course Calendar:** Total (30) hours per 15 Week.

**Teacher name:** hadeel saheeb ali

**Certificate:** MSc. Psychatrec mental health nursing

## Course Syllabus

#### At the end of this course the students will able to:

1. introduction of health psychology
2. Identify Stress and stress management
3. Identify The Emotions
4. Identify Memory and forgetting.
5. Identify the Motivations.
6. Identify thinking

7. Identify personality
8. Identify Psychology and
9. Attention and Perception
<b>Methods of teaching (theory)</b>
Lecture
Discussion
<b>Methods of evaluation</b>
- Quizzes.
-mid-term
-Final-term.

#### List of contents:

Week number	Lecture title	Expected Date/
1.	introduction of health psychology	10/1
2.	Identify Stress and stress management	10/8
3.	The Emotions	10/15
4.	Memory and forgetting	10/22
5.	Motivations.	10/29
	Mid term	11/5
6.	Thinking	11/12
7.	Personality	11/19
8.	Psychology Attention and Perception	11/26
9.	Mid term	12/3

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10.	Neurobiological Theories	12/10
11.	Psychopharmacology	12/17

Signature ..... Date.....

Head of department signature ..... Faculty Dean approval

