Course Description Form2025-2026

1. Course Name:
Adult nursing 1
2. Course Code:
WNR-21-01
3. Semester / Year:
Second year / first semester
4. Description Preparation Date:
21/ 9/ 2025
5. Available Attendance Forms:
In-person lectures and clinical practice (attendance forms)
6. Number of Credit Hours (Total) / Number of Units (Total)
4 Theoretical + 12 CLINICAL (16 Hours Per Week), Number of Credits (8)
7. Course administrator's name (mention all, if more than one name)
Name: Mohammed Mahdi Saeed **Email: mohammed.mah@uowa.edu.iq**
8. Course Objectives
1. **Explain** the pathophysiology, clinical manifestations, and management of common adult health conditions affecting major body systems. 2. **Analyze** patient data to identify actual and potential health problems and establish appropriate nursing diagnoses. 3. **Apply** evidence-based nursing interventions to promote, maintain, and restore health among adult patients. 4. **Demonstrate** empathy, compassion, and respect for adult patients' dignity, values, and cultural backgrounds. 5. **Exhibit** accountability and ethical behavior in all aspects of adult nursing practice. 6. **Value** the importance of teamwork, collaboration, and effective communication with patients, families, and healthcare professionals. 7. **Perform** comprehensive physical and psychosocial assessments accurately and safely for adult patients. 8. **Administer** medications and nursing procedures competently, adhering to infection control and patient safety principles. 9. **Demonstrate** proficiency in using healthcare technology and equipment for monitoring and delivering nursing care to adult patients.
9. Teaching and Learning Strategies
- Theoretical lectures. - Discussions. - Case Studies - Reports. - Clinical training

10. Course Structure

Week	Hours	Unit or subject name	Required Learning Outcomes	Learning method	Evaluation method
1	4T+12C	• Introduction to nursing adult. • Nursing process; Definition, objectiv and steps.	Adult nursing Nursing process: Assessment Diagnosis Planning Intervention evaluation	-Lectures. -Case study -Discussions -Small groups -clinic traini	Quizzes, students' participation in the lecture, &Practical evaluation .
2	4T+12C	Nursing management for patients with bloc disease. 1. Blood and its contents. 2. Diagnostic t for blood disease.	Blood content: Erythrocyte Leukocyte Platelets Studies like CB	-Lectures. -Case study -Discussions -Small groups -clinic traini	Quizzes, students' participation in the lecture, &Practical evaluation .
3	4T+12C	Nursing care rehabilitation patient with tl diseases: -Leuke -Hodgkin's disea Hemorrhagic disorder. -Ane and its types.	Definitions Risk factors Causes Clinical manifestation Diagnostic studies Treatment Medical management Surgical management Nursing management	-Lectures. -Case study -Discussions -Small groups -clinic traini	Quizzes, students' participation in the lecture, &Practical evaluation .
4	4T+12C	Nursing Management for patient with heart and cardiovascula diseases 1. Diagnostic test 2. Sign symptoms.	Anatomy and physiolog Assessment of system Inspection Palpation Percussion Auscultation	-Lectures. -Case study -Discussions -Small groups -clinic traini	Quizzes, students' participation in the lecture, &Practical evaluation .
5	**Mid-term exam. No**				
6	4T+12C	Nursing care and rehabilitation for patient with: -Myocardial infarction.	Definitions Risk factors Causes Clinical manifestation Diagnostic studies Treatment Medical management Surgical management Nursing management	-Lectures. -Case study -Discussions -Small groups -clinic traini	Quizzes, students' participation in the lecture, &Practical evaluation .
7	4T+12C	Nursing care and rehabilitation for patient with: -Congestive h failure.	Definitions Risk factors Causes Clinical manifestation Diagnostic studies Treatment Medical management Surgical management Nursing management	-Lectures. -Case study -Discussions -Small groups -clinic traini	Quizzes, students' participation in the lecture, &Practical evaluation .

8	4T+12C	Nursing care patient w respiratory disease: Diagnostic t sign, sympto and treatment.	Anatomy and physiolog Assessment of system Inspection Palpation Percussion Auscultation	-Lectures. -Case study -Discussions -Small groups -clinic traini	Quizzes, students' participation in the lecture, &Practical evaluation .
9	4T+12C	Nursing care a rehabilitation patient with: Bronchitis. Pneumonia. Broncholitis. Emphysema. Cancer of lung.	Definitions Risk factors Causes Clinical manifestation Diagnostic studies Treatment Medical management Surgical management Nursing management	-Lectures. -Case study -Discussions -Small groups -clinic traini	Quizzes, students' participation in the lecture, &Practical evaluation .
10	**Mid-term exam. No 2**				
11	4T+12C	Nursing management patient w digestive syst disease. 1. S and sympto and diagno measures.	Anatomy and physiolog Assessment of system Inspection Palpation Percussion Auscultation	-Lectures. -Case study -Discussions -Small groups -clinic traini	Quizzes, students' participation in the lecture, &Practical evaluation .
12	4T+12C	Nursing care the patient w the followir Intestinal obstruction. Hernia. Ulcerat colitis. Pe ulcer. Cancer stomach.	Definitions Risk factors Causes Clinical manifestation Diagnostic studies Treatment Medical management Surgical management Nursing management	-Lectures. -Case study -Discussions -Small groups -clinic traini	Quizzes, students' participation in the lecture, &Practical evaluation .
13	4T+12C	Assessment endocrine syst , signs a symptoms, li functions	Anatomy and physiolog Assessment of system Inspection Palpation Percussion Auscultation	-Lectures. -Case study -Discussions -Small groups -clinic traini	Quizzes, students' participation in the lecture, &Practical evaluation .
14	4T+12C	Nursing management patient w endocrine disorder, obes diabetes melli	Definitions Risk factors Causes Clinical manifestation Diagnostic studies Treatment Medical management Surgical management Nursing management	-Lectures. -Case study -Discussions -Small groups -clinic traini	Quizzes, students' participation in the lecture, &Practical evaluation .

11.Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

Formative		Summative		Score standard
Scores	**Evaluation methods**	**Scores**	**Evaluation methods**	**Standard score**
4%	Daily Quizzes	5%	First-Mid-term theoretical exam	Excellent (90-100) Very Good (80-less than 90) Good (70-less than 80) Fair (60-less than 70) Acceptable (50-less than 60) Fail (less than 50)
2%	Seminars	5%	Second-midterm exam	
2%	Reports	10%	Mid-term-practical evaluation	
2%	Participation			
5%	Clinical Case studies	20%	Final practical exam	
5%	Clinical assessments	40%	Final theoretical exam	
20%	**Total**	**80%**	**Total**	

12.Learning and Teaching Resources

Required textbooks (curricular books, if any)	Williams, L., and hopper, P., (2015). Understanc medical surgical nursing, 5th edition, F.A. Davis compa USA.
Main references (sources)	Hinkle, J., Cheever, K. (2022). Brunner and Suddart Text book of medical surgical Nursing. 14th Edit Wolters Kluwer, Lippincott co.
Recommended books and references (scientific journals, reports...)	*Adult Health Nursing* (9th Edition) Kim, Cooper, Kelly, Gosnell A comprehensive, up-to-date textbook covering adult health conditions, care, assessment, pathophysiology, and nursing interventions. VitalSource *Korean Journal of Adult Nursing* Research more specific to adult nursing practice; good source for regional and international studies. kjan.or.kr+1 *Adult Health Nursing Journal* Open access journal dedicated to medical-surgical / adult health topics. ejournal.unuja.ac.id+1
Electronic References, Websites	**NursingCenter – Clinical Resources** Offers a wide range of clinical articles, guideline summaries, drug handbooks, and practice tools. nursingcenter.com **Open Educational Resources (OER) – GW School of Nursing** Provides freely available educational modules, multimedia, and teaching tools for nursing faculty and students. School of Nursing

	Evolve (Elsevier) – Resources for Adult Health / Foundations & Adult Health Nursing Contains animations, video clips, skills checklists, tutorials, and more to complement textbooks. Evolve+1 **UWorld – Adult Health / Medical-Surgical Nursing Content** Digital course modules, lecture videos, case studies, and assessments for adult health topics.

End of program student learning outcomes (EPSLO)	Course Learning outcomes	Show the Link to EPSLO
Knowledge **EPSLO-1:** **Demonstrate the highest level of understanding and awareness of the scientific** related to the nursing profession **EPSLO-2:** Engage in **lifelong learning and self-development** to continuously improve nursing practice. **EPSLO-3:** Integrate pathophysiological and psychosocial knowledge to design advanced, individualized care plans for patients with complex and multi-system health needs." **EPSLO-4** **Utilize evidence-based research and advanced clinical judgment to improve patient care**	1. **Explain** the pathophysiology, clinical manifestations, and management of common adult health conditions affecting major body systems. 2. **Analyze** patient data to identify actual and potential health problems and establish appropriate nursing diagnoses. 3. **Apply** evidence-based nursing interventions to promote, maintain, and restore health among adult patients.	Cognitive domain link between end of program student learning outcomes and course learning outcomes

strategies and achieve the best clinical and psychosocial outcomes for individuals with complex health conditions.		
<u>Skills</u> **EPSLO-5:** Apply **evidence-based knowledge and technology** in the provision of safe and effective nursing care. **EPSLO-6:** Demonstrate **quantitative reasoning** and apply relevant scientific principles in the practice of nursing. EPSLO-7: Demonstrate clinical competence in providing therapeutic nursing care across the lifespan. **EPSLO-8:** **Perform nursing procedures and clinical interventions accurately and safely in accordance with established standards.**	1. **Perform** comprehensive physical and psychosocial assessments accurately and safely for adult patients. 2. **Administer** medications and nursing procedures competently, adhering to infection control and patient safety principles. 3. **Demonstrate** proficiency in using healthcare technology and equipment for monitoring and delivering nursing care to adult patients.	Psychomotor domain link between end of program student learning outcomes and course learning outcomes
<u>Values</u> **EPSLO-8:** Demonstrate respect for patient diversity, cultural values, and individual beliefs when providing nursing care. **EPSLO-9:** Exhibit a professional attitude of integrity,	1. **Demonstrate** empathy, compassion, and respect for adult patients' dignity, values, and cultural backgrounds. 2. **Exhibit** accountability and ethical behavior in all aspects of adult nursing practice. 3. **Value** the importance of teamwork, collaboration, and effective communication with patients, families, and healthcare professionals.	Affective domain link between end of program student learning outcomes and course learning outcomes

accountability, and empathy by embracing holistic, patient-centred care. **EPSLO-10:** Demonstrate effective communication and collaboration skills in the role of the nurse when interacting with patient and members of the interdisciplinary and inter-professional healthcare team.		

فرع تمريض البالغين

رئاسة الفرع

م.د محمد مهدي سعيد

تدريسي المقرر

م.د محمد مهدي سعيد